

PHS HT Community Update 5/10/26

Dear members of the PHS community,

Scottish Government mobile phones in schools survey

- Here is a link for pupils, staff, parents and carers to the survey [Restricting mobile phones in Scotland's schools - Scottish Government consultations - Citizen Space](#)
- This is an opportunity for all members of our community to contribute to a national survey. Please note that SBC will also consulting with parents and students through Parent Councils and Student Parliaments.
- A reminder that in PHS mobile phones should be switched off and in bags or trays provided so as not to disturb teaching and learning. We will be guided by developments in Scottish Government and SBC guidance.

Student Parliament

- Thank you to members of our Student Parliament who led an online assembly for all pupils last Friday to update the school on their work.

I hope everyone has a nice weekend,

Kevin Ryalls

Archery Success

Izzy Wilson has already achieved National Indoor Scottish Champion (U14, women, barebow) in March 2026.

Now at the end of her first outdoor season, she has achieved:

- 1st Class Bowman classification
- National Outdoor Champion (U14, women, barebow) August 2026

- 4 x New Scottish Record holder:
- Metric 122-40
- Bristol IV
- Double Bristol IV
- Metric IV

Izzy will move up to the Under 15's next season. Well done Izzy!

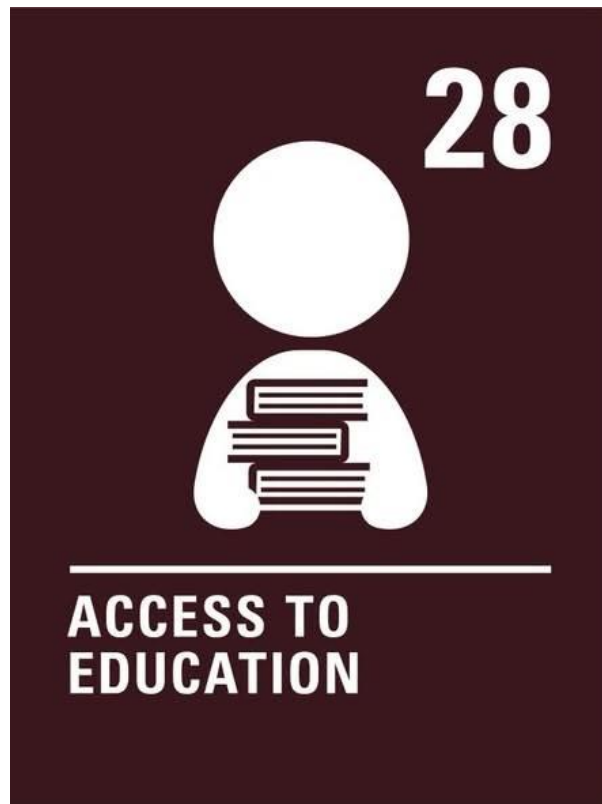




Dux Board

A huge thank you to Ruaraig Maciver who, along with Fionnlagh and Njord Maciver, has put up our Dux Board in our Reading Room. The Dux Board is such an important part of our history with Dux Medal winners since 1865. Well done to Jay Swann, the last Dux in this board. We look forward to a new board with 2027 onwards. It looks fantastic, a tremendous job. Thank you all!!





House Captains - Restart a Heart live 2026

Today over 350 students took part in CPR training, developing valuable, potentially life saving skills and building confidence to respond in an emergency. Huge congratulations to the House Captains for organising and delivering this important training. Your leadership, commitment and enthusiasm made the day a fantastic success. Well done to everyone who took part and embraced the opportunity to learn something that could one day make a real difference. Contribute, Grow, Achieve.





Health & Wellbeing Awards

What a fantastic evening celebrating the sporting achievements of our pupils at our Health & Wellbeing Awards last Monday! The achievements of over 100 pupils were recognised across a huge range of sports, with success at school, regional, national and international level. From athletics to synchronised trampolining, our pupils continue to demonstrate incredible dedication, commitment and passion for their chosen sports.

We were delighted to welcome ex-pupil Isla Short as our guest speaker. Isla joined us fresh from an outstanding performance in the Women's 3-Peaks Cyclo-cross race, where she set a new course record on her debut in the discipline.

Having recently made the transition from cross-country (XC) and cross-country marathon (XCM) racing, Isla spoke warmly about embracing new challenges and, most importantly, enjoying the journey.

Her message to pupils was simple and powerful: do your best, but don't become fixated on being the best. Focus on enjoyment.

To parents and carers, her message was equally important: let them have fun, let them enjoy it, and focus on the fun.

Mr Ryalls also spoke about the sense of enjoyment, contribution, belonging and achievement that sport affords our pupils, highlighting that: "Sport is one of the clearest expressions of our vision of One Peebles: our community where we belong, grow and achieve."

A huge congratulations to all our award winners, and thank you to everyone who helped make the evening such a memorable celebration of health, wellbeing, sporting achievement and ambition.



Scottish Schools Mountain Bike Championships at Comrie Croft

A huge well done to all of the Peebles HS students that took part in the Scottish schools mountain bike championships at Comrie Croft in Perthshire on Tuesday.

Over 500 students from across Scotland took part in the cross country racing. PHS students all performed excellently with a mix of fortunes with mechanical issues throughout the day.

Top 10 results came from Guy R who achieved a superb 2nd place in the S3/4 race, with Ben S not far behind in 5th closely followed by Callum R in 8th.

Peebles HS boys team excellent results meant they achieved the overall win to claim championship trophy.

Everyone in the team contributed so well to the trip and all pushed themselves to their limits in the racing.

Very well done to all and thanks to Morrisons Academy and Scottish cycling for organising the event. Thanks also to PHS volunteers Craig S and Neil W for your assistance and time to help all students throughout the trip.



















Developing the Young Workforce DYW Workplace visit

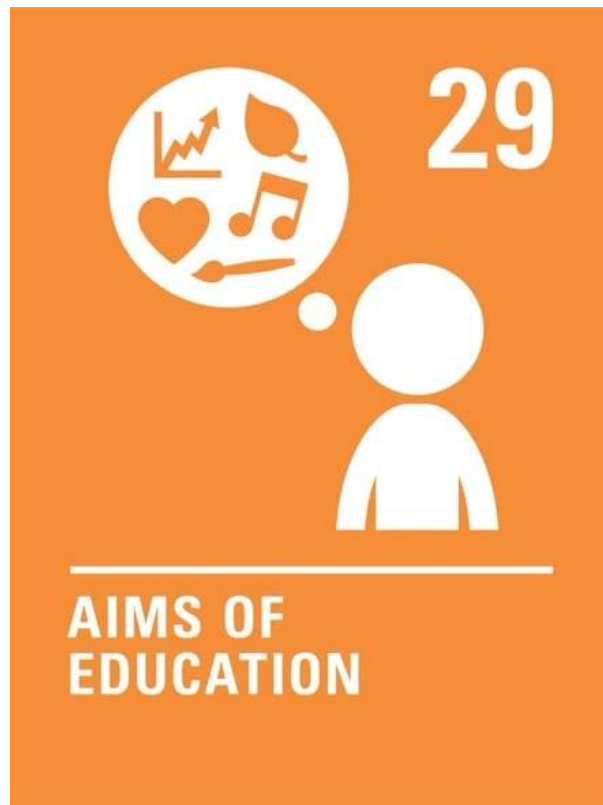
A brilliant visit to BHC Ltd with our Practical Metalwork class. The group got to see how metalwork skills are used in a real workplace, including Lloyd demonstrating VR glasses used to project drawings onto parts and check them for compliance.

The visit linked directly to the Practical Metalwork course, while also showing pupils the wider range of careers within the business, including software development, engineering, marketing and more.

A great opportunity for pupils to see how the skills they are learning in school connect to different career pathways.

A huge thank you to everyone at BHC Ltd for giving our pupils such an interesting and valuable experience and our DYW coordinator Faye for setting up.





Languages Week

And that's a wrap! A huge thank you to everyone who got involved in our EDL Languages Week celebrations.

We've had a wonderful week celebrating languages, cultural diversity and the many different ways we communicate.

Our fantastic Masked Singers were so brave — and absolutely fabulous! A special congratulations to our winner, who managed to correctly guess all of the Masked Singers AND the languages they were singing in - Lex Hays!

Thank you to everyone who took part, joined in with the activities and helped make the week such a success.

Merci! Gracias! Grazie!

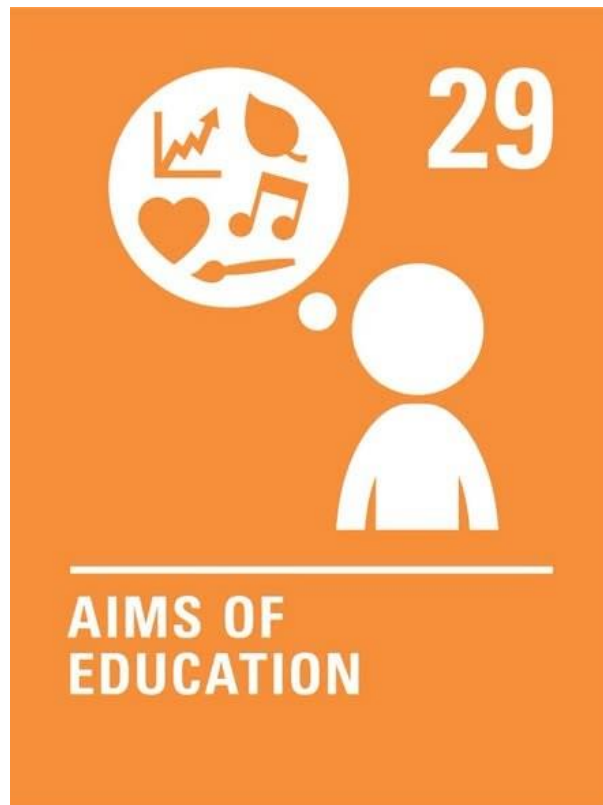




FP Success - well done Aaron Mac!!

It's amazing to see our young people flourish after their school careers. Well done to Aaron MacDonald who has started out a new career in barbering. All at PHS wish Aaron the best in his new venture!

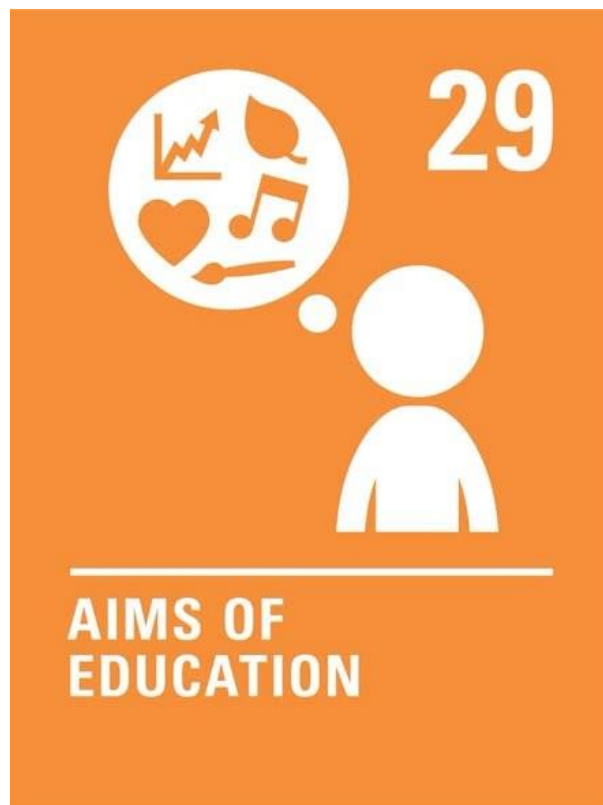




Hall of Heroes

Jess and Niamh stayed after school today to start to sort out our Hall of Heroes frames in preparation of their place in the new building. Over 150 frames! Thank you for your hard work girls!

Contribute



Triathlon

Reuben Veitch in S1 came first while competing against some of the strongest triathletes from around the country at the Peebles Triathlon. A fantastic achievement!

Work hard.

Contribute.



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**AIMS OF
EDUCATION**